



CAROLINA CARING COMMUNITY PROGRAMS

Another Layer of Support: Understanding Palliative Medicine – Treating patients challenged by chronic illness (heart disease, COPD, pneumonia, diabetes, kidney disease, or dementia) often involves bringing comfort through symptom management, education, and medication rebalancing. This overview defines palliative medicine and explains why it's appropriate in a given situation. Presented in partnership with Life Transitions.

Myths of Hospice

How much do you really know about Hospice and its team approach to care? There are some important facts that people don't know or understand. Those misconceptions may prevent people from getting the best care when they need it most. Learn what CRH can provide for patients and families.

That 'Hospice' Word


Why are people afraid of hospice? This open discussion explores the history of hospice, the governing laws of hospice care, and fears about letting go. This presentation acknowledges the physical death that we'll all experience and showcases the choices for care and support that Carolina Caring offers.

Planning Ahead – Don't Travel without a Map

We plan our travel, our finances, and our menus – but many of us don't do advance care planning for our health care decisions. Discuss the options and choices in care when those choices are most important. The NC Living Will and Health Care Power of Attorney documents will be reviewed and made available for attendees.

The Scoop on Being a Senior – What to Expect as We Age

Our bodies begin to grow and age from the moment we are born. This class examines the natural transformation process in adulthood, from age 18 to age 90. Some of the topics addressed include: appetite, weight, hair, skin, hearing, vision, cognitive function, and more.



Carolina Caring offers a menu of programs in addition to the ones listed above. Please contact us and let us know how Carolina Caring can help you or your organization.

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